

# THE FOOD FACTORY

DELI & CATERING

211 E. Chatham St. • Cary, NC 27511

www.thefoodfactory.com

(919)468-1139

Our specials, sides & soups change daily.

Call or check our website to see what's cooking today.

Please order by number

## Salads

Dressing on the side: Ranch, Fat Free Ranch, Bleu Cheese, Balsamic Vinigrette, Thousand Island, Caesar, Italian, Fat Free Italian, Honey Mustard, Oil & Vinegar, Fat Free Raspberry, Mandarin Ginger

- S1 Garden Salad** - Mixed Greens, Tomato, Carrot, Cucumber, Green Pepper, Broccoli, Red Onion small \$3.29 large w/Pita \$5.99
- S2 Caesar Salad** – small \$3.29 large with Pita \$5.99
- S3 Chicken Caesar** – small \$4.99 large with a Pita \$6.99
- S4 Chef Salad** – Ham, Turkey, Swiss, Roast Beef, American, Egg on a Garden Salad & Pita \$8.99
- S5 Greek Salad** – Baby Greens, Roasted Red Peppers, Feta, Tomato, Kalamata Olives, Red Onion, Cucumber, Balsamic Vinaigrette, Pita \$6.99
- S6 Grilled Greek Salad** – Chicken, Baby Greens, Feta, Tomato, Kalamata Olives, Red Onion, Cucumber, Roasted Eggplant, Red Peppers, Zucchini, Squash, Onion, Balsamic Vinaigrette, Pita \$8.99
- S7 Summer Split** – Tuna, Egg and Chicken Salads on a Garden Salad with a Pita \$8.99
- S8 Mother & Child Reunion** – Chicken Salad & Hard Boiled Egg over a Garden Salad with a Pita \$7.29
- S9 Chicken Garden Salad** - Chicken on a Garden Salad small \$5.29 large with a Pita \$7.29
- S10 Spinach Salad** w/Bacon, Egg, Mushroom, Red Onion & Bacon Dressing small \$4.99 large with a Pita \$6.99
- S11 Spinach Salad with Chicken**, Bacon, Egg, Mushrooms, Red Onion & Bacon Dressing small \$5.99 large with Pita \$7.99

## Croissant Sandwiches



- CR1 Chicken Salad**, Baby Greens, Roma Tomatoes \$6.99
- CR2 Egg Salad**. Lettuce, Tomato \$5.99
- CR3 Tuna Salad**, Baby Greens, Roma Tomatoes, Red Onion \$6.99
- CR4 Boar's Head Chicken**, Romaine, Parmesan Cheese and Caesar Dressing \$6.99
- CR5 Turkey & Cheddar**, Baby Greens, Roma Tomatoes, Honey Mustard \$6.99
- CR6 Honey Maple Ham, Havarti**, Roma Tomatoes, Spinach, Red Onion & Mayo \$6.99

## Hot Dogs & Bratwurst



- Boar's Head Hot Dog**  
With Choice of toppings:  
Mustard, Kraut, Relish,  
Ketchup, Chopped  
Onions \$2.29  
Add Slaw for .89
- Chilidog**  
w/Cheese & Onion \$3.49
- Bratwurst** with Sauerkraut  
& Spicy Mustard \$3.99

## Focaccia Bread Sandwiches

- FB1 Breaded Eggplant**, Melted Mozzarella, Roasted Red Peppers, Spinach \$6.99
- FB2 Honey Maple Ham**, Turkey, Havarti, Lettuce, Tomato, Oregano, Oil & Vinegar \$6.99
- FB3 Chicken, Honey Maple Ham**, Swiss, Lettuce, Tomato, Onion, Banana Peppers \$6.99
- FB4 Eggplant**, Baby Greens, Roasted Red Peppers, Zucchini, Squash, Onion, Provolone \$6.99
- FB5 Turkey, Salami, Provolone**, Lettuce, Tomato, Banana Peppers, Oil & Vinegar \$6.99
- FB6 Chicken Breast**, Eggplant, Red Peppers, Zucchini, Squash, Onion, Mozzarella \$6.99
- FB12 Italian** – Salami, Ham Cappy, Pepperoni, Prosciutto, Provolone, Lettuce, Tomato, Onion, Roasted Red Peppers, Banana Peppers, Oregano, Oil & Vinegar \$6.99

**Wraps** choice of Plain, Wheat, Spinach or Red Pepper wrap

**W1 Chicken & Pepper Jack Cheese**, Lettuce, Tomato, Onion & Ranch \$6.99

**W2 Roasted Eggplant**, Roasted Red Peppers, Zucchini, Squash, Onion and Parmesan Cheese \$6.99

**W3 Chicken Caesar** Chicken, Parm, Romaine & Caesar Dressing \$6.99

**W4 Greek Salad** Baby Greens, Feta, Kalamata Olives, Tomato, Red Peppers, Cucumbers, Red Onion and Balsamic Vinaigrette 5.99

**W5 Grilled Greek** Chicken, Baby Greens, Feta, Roasted Eggplant, Red Peppers, Zucchini, Squash, Red Onion, Tomato, Cucumber, Kalamata Olives and Balsamic Vinaigrette \$7.29

**W6 Italian** - Salami, Ham Cappy, Pepperoni, Prosciutto. Provolone, Lettuce, Tomato, Onion, Roasted Red Peppers, Banana Peppers, Oregano, O&V \$7.29

**W7 BLT** - Bacon, Lettuce & Tomato with Mayo \$6.99

**W8 Tuna Melt** - Tuna Salad with American cheese \$6.99

**W9 Chicken & Roasted Eggplant**, Red Peppers, Zucchini, Squash, Onion & Parmesan \$7.29

**W11 Breaded Eggplant & Roasted Eggplant**, Zucchini, Squash, Onion, & Red Peppers, Mozzarella \$6.99

**W12 Chicken Salad**, Bacon, Cheddar, Baby Greens & Tomato \$7.29

**W13 Chicken, Spinach**, Bacon, Red Onion, Mushrooms, Egg, Cheddar with Bacon Dressing \$7.29

**W14 Garden Wrap** - Mixed Greens, Tomato, Carrot, Cucumber, Green Pepper, Broccoli, Red Onion, Cheddar & choice of Dressing \$5.99

**W15 Buffalo Chicken** - Breaded Chicken with Spicy Buffalo Wing Sauce, Lettuce, Ranch or Bleu Cheese \$7.29

## Reuben Sandwiches

- CS13 Reuben** - Corned Beef, Swiss, Kraut and Thousand Island dressing on Grilled Rye \$7.99
- CS20 Turkey Reuben** - Turkey, Swiss, Kraut and Thousand Island dressing on Grilled Rye \$7.99
- CS22 Turkey-Pastrami Reuben** with Swiss, Kraut & Thousand Island on Grilled Marble Rye \$7.99

## Combination Sandwiches

### CS1 Grilled Chicken & Breaded Eggplant

Mozzarella & Marinara on the side *kaiser* \$6.49 *sub* \$7.99

**CS2 Breaded Eggplant**, Roasted Red Peppers, Melted Mozzarella, Baby Greens, Balsamic Vinegar on the side *kaiser* \$6.49 *sub* \$7.99

**CS3 Roast Beef & Cheddar**, Lettuce, Tomato, Onion, Horseradish Sauce *kaiser* \$6.49 *sub* \$7.99

**CS4 Hot Pastrami & Swiss** on Grilled Rye with Spicy Mustard \$7.99

**CS5 Hot Corned Beef & Swiss** on Grilled Rye with Spicy Mustard \$7.99

**CS6 Eggplant Parm** *kaiser* \$6.49 *sub* \$7.99

**CS7 Chicken Cutlet Parm** *kaiser* \$6.49 *sub* \$7.99

**CS8 Grilled Cheese** on White Bread \$3.99

**CS9 Grilled Cheese** with Bacon or Ham on White 5.29

**CS10 Hot Roast Beef with Melted Mozzarella**, Sautéed Onions & Green Peppers *kaiser* \$6.49 *sub* \$7.99

**CS11 Boar's Head Chicken, Melted Mozzarella**, Sautéed Onions & Green Peppers *kaiser* \$6.49 *sub* \$7.99

**CS12 Italian** – Genoa Salami, Ham Cappy, Pepperoni, Prosciutto, Provolone, Lettuce, Tomato, Onion, Roasted Red Peppers, Banana Peppers, Oregano, Oil & Vinegar *kaiser* \$6.49 *sub* \$7.99

**CS14 The Bravest** – Smoked Turkey, Pepper Jack, Lettuce, Tomato, Jalapeno Peppers, Onion, Spicy Mustard & Mayo *toasted kaiser* \$6.49 *toasted sub* \$7.99

**CS15 Chicken, Roasted Eggplant**, Zucchini, Squash, Onion, Red Peppers w/Melted Mozzarella *kaiser* \$6.49 *Sub* \$7.99

**CS16 BLT** – Bacon, Lettuce & Tomato with Mayo *white toast* \$5.99 *sub* \$7.99

**CS17 Breaded Chicken Cutlet**, American Cheese, Lettuce, Tomato, Onion, Mayo *kaiser* \$6.49 *sub* \$7.99

**CS18 Meatball Parm** half sub \$4.99 whole sub \$7.99

**CS19 American** – Ham, Turkey, Roast Beef, American. Lettuce, Tomato, Onion, Mayo *kaiser* \$6.49 *sub* \$7.99

**CS21 Tuna Melt** - Tuna Salad, American Cheese on Toasted Rye Bread \$6.99

**CS23 Liverwurst**, Onion, Spicy Mustard on Rye \$5.99

**CS24 Smoked Turkey, Havarti**, Cucumbers, Dill and Mayo on Pumpernickel \$6.99



## Build Your Own Sandwich

Whole Sandwich \$5.29 add Cheese .59 add Toppings .29

Half Sandwich \$2.99 add Cheese .29 add Toppings .19

Whole Sub \$6.79 add Cheese .99 add Toppings .39

Half Sub \$3.79 add Cheese .49 add Toppings .29

We offer a variety of fresh made side salads. Try one today!

## Soup & Chili

small \$3.99

large \$4.49



### Breads

White  
Wheat  
Sunflower  
Rye  
Marble Rye  
Pumpernickel  
Sub  
Croissant (whole only)  
Kaiser (whole only)  
Wheat Wrap (whole only)  
Spinach Wrap (whole only)  
Red Pepper Wrap (whole)  
Focaccia (whole only)



### Meats

Turkey  
Smoked Turkey  
Turkey-Pastrami  
Ham  
Honey Ham  
Bologna  
Roast Beef  
Boar's Head Chicken  
Corned Beef  
Pastrami  
Salami  
Liverwurst  
Chicken Salad  
Tuna Salad  
Egg Salad



### Cheeses

American  
Provolone  
Havarti  
Mozzarella  
Muenster  
Pepperjack  
Cheddar  
Swiss  
Smoked Gouda



### Toppings

Lettuce  
Baby Greens  
Spinach  
Tomato  
Roma Tomatoes  
Onion  
Banana Peppers  
Roasted Red Peppers  
Jalapeno Peppers  
Sliced Pickles  
Black Olives  
Sun Dried Tomatoes  
Cucumber  
Red Onion  
Green Peppers



### Condiments

Mayo  
Mustard  
Spicy Mustard  
Oil & Vinegar  
Horseradish Sauce  
Honey Mustard  
Salt  
Pepper  
Oregano  
Thousand Island  
Ranch Dressing



## Triple Deckers

Piled high on 3 slices of bread.

**TD1 Bacon, Lettuce & Tomato** on toasted White with Mayo \$8.29

**TD2 Turkey Club** - Turkey, Provolone, Bacon, Lettuce, Tomato, Mayo on toasted White \$8.29

**TD4 Honey Ham, Smoked Turkey**, Swiss, Bacon, Lettuce, Tomato, Mayo on White toast \$8.29

**TD5 Roast Beef, Turkey, Muenster**, Lettuce, Tomato, Thousand Island on Marble Rye toast \$8.29

**TD8 Ham, Boar's Head Chicken, Havarti**, Lettuce, Tomato, Mayo on toasted Sunflower \$8.29

**TD9 Chicken Salad, Havarti, Bacon**, Lettuce, Tomato, Onion, Mayo on Sunflower toast \$8.29



## Drinks

Sweet Tea  
Unsweet Tea  
Fountain Soda  
Bottles  
Cans  
Juices  
Milk  
Specialty Drinks



## Kid's Size Sandwich

Grilled Cheese, PB&J  
or Build Your Own \$3.49

## Desserts

Cookies, Brownies, Muffins  
Black & White Cookies



## Potato Knish

With spicy mustard \$2.69



Let us cater your next meeting or event - pick it up or have it delivered  
Check out our catering menu at [thefoodfactory.com](http://thefoodfactory.com)